




# Organic Foods List



**Mar 2023 Week 3**

[www.tall-tree.in](http://www.tall-tree.in)  
[tanuj@tall-tree.in](mailto:tanuj@tall-tree.in) • +91 9811905182  
f  @talltreeindia

Dear Valued Customer,

It has always been our passion to bring sustainable and safe food to the consumer - who has the right to make a conscious, informed choice - whilst fairly compensating and recognizing the farmers who provide it. Spending the past four years cultivating on field with farmers in India, as well as helping associate farmers become sustainable by providing inputs at a ground and strategic level, has only deepened this desire.

The **Tall Tree Organic Foods's** goal is to provide trustworthy, transparent and conscious food to your doorstep. I am honoured to have served over 900 households in this pursuit.

The procedure for ordering organic and natural foods to your doorstep is simple:

1. **Every week** we will personally interact with you and send you an updated **product list** including:
  - Fresh Fruits & Vegetables
  - Fresh Exotics, Herbs & Microgreens
  - A2 Dairy & Probiotic Tonics
  - Condiments & Veggie Crisps
  - Subscription Boxes containing all the above
2. Just have a look and **let us know** what you would like by:
  - a. **Email** ([tanuj@tall-tree.in](mailto:tanuj@tall-tree.in))
  - b. **Over the phone, Whatsapp or SMS** ([+919811905182](tel:+919811905182))
  - c. **Our Website** ([www.tall-tree.in](http://www.tall-tree.in))
  - d. **Our Clickable Form** (<http://bit.ly/ttsmartstore>)
3. I will get working with our associate farms to have **your produce purpose harvested based on your order** and the best part is:
  - The day it gets harvested is the day you receive it – **fresh**.
  - **No old cold storage** preserved vegetables.
  - **Farmers** are compensated and resourced **fairly**, enabling them to expand their operations.
  - You receive artisan-made **natural** and **healthy** gourmet foods, tonics and superfoods.
4. Deliveries will be made **Through The Week** – Tuesday to Sunday Included aiming for the shortest possible turn around for the order – right to your doorstep.

You are not bound to a subscription, **we accept one-off & a la carte orders, too!**

We use **eco-friendly packaging** - good for the planet, the food, and you- and we encourage you to **close the loop** by returning boxes, paper bags, glass bottles and jars so we can recycle them.

As always, I look forward to serving you!

Thanks,

Tanuj  
CEO, Tall Tree

**Produce Boxes**

**100% Organic & Local**

**Kitchen Essentials Box**

**600.00**

*Contains:*

Tomatoes	1 kg
Onions	500 g
Potatoes	1 kg
Garlic	200 g
Ginger	200 g
Cucumbers	500 g
Carrot (Mixed Varieties)	500 g
Lemon	250 g

**Seasonal Produce Box**

**1500.00**

*Contains:*

**Kitchen Essentials Box (above) PLUS**

Cauliflower	500 g
Beetroot	500 g
Green Zucchini	500 g
Corn Kernels	250 g
Mushrooms	200 g
Yellow Pumpkin	1 kg
Apples	500 g
Oranges	500 g

**The Tall Tree Fruit Box \*New**

**1500.00**

*Contains:*

Green Grapes	500 g
Sun Melon	1 Pc
Apples	500g
Pomegranate	500 g
Oranges	500 g
Papaya	1 pc
Kiwis	2 Pcs
Pineapple	1 Pc

**The Tall Munch Box \*New**

**1500.00**

*Contains a diverse mix of artisan, made to order comfort food:*

Caramelised Onion Hummus	300 g
Chocolate Peanut Butter	200 g
Tomato Salsa	300 g
Ragi Chips	200 g
Carrot Crudités	500 g
Tomato Rosemary Sauce	300 g

**TT Soup, Sourdough & Salad Box \*New**

**1600.00**

*Contains a diverse mix of artisan soup, salad, bread, condiments & cheese:*

Coconut Curry Roasted Cauli Soup	300 g
Olive Rosemary Sourdough Bread	1 Loaf
Garlic Hummus	200 g
TT Vegan Pesto Pasta Bowl	1 Box (2 Serv.)
Aged Farmhouse Cheddar Cheese	1 Slab(200g)

**TT Everything Box \*New**

**1700.00**

*Contains a little bit of all the things we love:*

Sourdough Choco Chip Cookies	2 pcs
Beetroot Hummus	200 g
Carrot Crudites	250 g
Sourdough Mixed Herb Sea Salt Crackers	100 g
Cut Pineapple	500 g
Tomato Salsa	200 g
Artisan Dressing Taster	3 x 60 g
Blueberry Cheesecake Croissant	1 Pc
Pain Au Chocolat	1 Pc
Banana Walnut Muffin (GF)	1 pc

## Vegetables & Exotics

100% Organic

	<i>Unit Weight</i>	<i>Price/Unit</i>
Avocado	500 g	395.00
Asparagus <b>*New</b>	200 g	795.00
Baby Spinach	200g	300.00
Baby Corn	1 Box	100.00
Beetroot	1 kg	150.00
Bell Peppers (Red)	500 g	290.00
Bell Peppers (Yellow)	500 g	290.00
Bell Peppers (Purple) <b>*New</b>	500 g	320.00
Bell Peppers (Mix) <b>*New</b>	4 pcs	350.00
Brinjal (Big)	1 kg	120.00
Brinjal (Small)	1 kg	120.00
Brinjal (Long)	1 kg	120.00
Broccoli (Well Graded)	500 g	280.00
Capsicum (Green)	500 g	100.00
Cabbage Green	1 Kg	150.00
Cabbage Red	1 Kg	320.00
Chinese Cabbage <b>*New</b>	1 kg	220.00
Orange Carrots	500 g	100.00
Red Carrots	500 g	90.00
Cauliflower	500 g	135.00
Cauliflower (Yellow) <b>*New</b>	500 g	150.00
Celery	500 g	290.00
Cherry Tomatoes (Red)	500 g	350.00
Cherry Tomatoes (Yellow/Orange) <b>*New</b>	200 g	220.00
Corn (Kernels)	500 g	150.00
Sweet Corn on the Cob	1 kg	175.00
Cucumbers (Seedless)	500 g	80.00
Armenian Cucumbers (Kakri)	500 g	100.00
Dry Coconuts	Pc	80.00
French Beans	500 g	130.00
Garlic	250 g	80.00
Peeled Garlic	250 g	100.00
Ginger	250 g	80.00
Green Chillies	100 g	50.00
Iceberg	500 g	395.00
Kale (Varieties)	500 g	450.00
Karela / Bittergourd	500 g	125.00
Lauki / Bottlegourd	1 kg	160.00
Arbi / Taro Root	500 g	125.00
Leeks	500 g	290.00

Lettuce Mix	200g	250.00
Lolorosso Lettuce	200 g	250.00
Butterhead Lettuce	200 g	295.00
Romaine Lettuce	200 g	250.00
Green Batavia Lettuce	200 g	250.00
Red Oak Lettuce	200 g	300.00
Lemons	250 g	100.00
Moringa Drumsticks	500 g	180.00
Mushrooms	200 g	99.00
King Oyster Mushrooms	250 g	650.00
Portobello Mushrooms	250 g	650.00
Shiitake Mushrooms	250 g	775.00
Okra	500 g	125.00
Onion	1 kg	90.00
Onion (Baby)	1 kg	125.00
Green Peas	500 g	225.00
Peas (shelled)	500 g	250.00
Potato	1 kg	65.00
Potatoes (Baby)	1 kg	80.00
Pumpkin	1 kg	95.00
Yellow Pumpkin	1 Kg	95.00
Rocket Arugula	150 g	295.00
Salad Mix (Summer Mix)	150 g	225.00
Salad Mix (with Microgreens)	150 g	250.00
Salad Mix (Premier)	100 g	275.00
Salad Mix (Oriental) <b>*New</b>	150 g	250.00
Spinach	500 g	100.00
Spring Onion	500 g	100.00
Tomato	1 kg	145.00
Turmeric (Fresh)	500 g	160.00
Zucchini (Green)	500 g	170.00
Zucchini (Yellow)	500 g	225.00
Moong Sprouts	Box	50.00
Brussel Sprouts <b>*New</b>	500 g	695.00
Garlic Chives	100 g	150.00
Elephant Yam - Jimmikand	1 kg	150.00
Turnips <b>*New</b>	500 g	100.00
White Radish	1 Kg	130.00
Sweet Potato	500 g	90.00
Baby Carrots Mix <b>*New</b>	500 g	200.00
Black Radish <b>*New</b>	500 g	300.00
Watermelon Radish <b>*New</b>	500 g	300.00
Rainbow Chard	200 g	200.00
Methi (Fresh Fenugreek) <b>*New</b>	500 g	150.00

Bathua (Pigweed Leaves) <b>*New</b>	500 g	150.00
Fennel	100 g	100.00
Sarson (Fresh Mustard Greens) <b>*New</b>	500 g	100.00

<b>Fruits</b>	<b><u>Unit Weight</u></b>	<b><u>Price/Unit</u></b>
<b>100% Organic</b>		
Apples	1 kg	370.00
Chikoo	500 g	150.00
Red Flame Grapes <b>*New</b>	500 g	350.00
Green Grapes <b>*New</b>	500 g	250.00
Black Grapes <b>*New</b>	500 g	300.00
Rashberry (Cape Gooseberry) <b>*New</b>	500 g	300.00
Sun Melon	1 Kg	295.00
Bobby Melon <b>*New</b>	1 Kg	295.00
Bananas	Dozen	180.00
Kiwi	2 Pcs	190.00
Oranges <b>*New</b>	1 kg	320.00
Papaya	1 kg	180.00
Pineapples	1 kg	225.00
Pomegranate	1 kg	395.00
Pomegranate (Peeled)	500 g	395.00
Raw Papaya	1 kg	130.00
Watermelon	1 kg	120.00
Sweet Lime	1 kg	180.00
Dragon Fruit	500 g	375.00

<b><u>Tall Tree Fine Foods (2 Day Notice) *New</u></b>	<b><u>Unit</u></b>	<b><u>Price/Unit</u></b>
<i>Dedicated Artisan Bakery, Premium Flours, No Added Yeast, Alkalized Water, 20 hour leavening.</i>		
100% Gluten-Free Sourdough	Loaf (6-750g)	550.00
Banana Walnut Gluten Free Muffin	Pc	200.00
Ancient Grain Sourdough	Loaf (6-750g)	450.00
Kalamata Mixed Olive & Italian Parmesan	Loaf (6-750g)	500.00
Roasted Garlic & Herb	Loaf (6-750g)	500.00
Sourdough Everything Bagels	Pc	120.00
Sourdough Everything Bagels – Whole Wheat	Pc	140.00
Sourdough Everything Mini Bagels	6pc/Box	450.00
White Truffle Oil & Pepper Whipped Cream Cheese	200 g	550.00
Garlic & Herb Whipped Cream Cheese	200 g	400.00
Scallion Whipped Cream Cheese	200 g	400.00

Plain Whipped Cream Cheese	200 g	400.00
Cinnamon Raisin Cream Cheese	200g	400.00
Nutella Whipped Cream Cheese	200g	400.00
Sourdough Chewy Choco Chips Cookies	4 Pc/Box	550.00
Sourdough White Chocolate Chip Cookies	4 Pc/Box	600.00
Sourdough Chewy Choco Chips Cookies with Walnuts	4 Pc/Box	650.00
Sourdough Bagel Chips	150 g	250.00

### **Artisan Baked Goodies \*New**

#### **Baked On Order**

	<b><u>Unit</u></b>	<b><u>Price/Unit</u></b>
Country Sourdough	Loaf (5-650g)	200.00
Mix Seed Adventure Gluten Free Bread	Loaf (5-650g)	500.00
Seed Feast Sourdough	Loaf (5-650g)	300.00
Multigrain Sourdough	Loaf (5-650g)	250.00
100% Whole Wheat Sourdough	Loaf (5-650g)	250.00
Olive & Rosemary Sourdough	Loaf (5-650g)	300.00
Jalapeno & Cheddar Sourdough	Loaf (5-650g)	400.00
Croissant Loaf	Loaf (5-650g)	275.00
Multigrain Sandwich Bread	Loaf (5-650g)	200.00
Buttercrust Milk Bread	Loaf (5-650g)	250.00
Focaccia Bread	2 pcs	395.00
Mountain Rye Sourdough	Loaf (5-650g)	500.00
Toasted Sesame Sourdough <b>New</b>	Loaf	240.00
Everything Bagels	Pc	200.00
Jalapeno & Three Cheese Croisstatta	Pc	180.00
Berry Mascarpone Cheese Croissant <b>*New</b>	Pc	220.00
Chocolate Salted Caramel Croissant <b>*New</b>	Pc	220.00
Butter Croissant	Pc	150.00
Blueberry Cheesecake Croissant	Pc	200.00
Chocolate & Hazelnut Croissant	Pc	200.00
Pistachio Raspberry Croissant	Pc	220.00
Walnut Praline Brownie Croissant	Pc	220.00
Orange Cinnamon Morning Bun	Pc	200.00
Lemon Poppy Tea Cake Loaf	Cake Loaf	1300.00
Assorted Sourdough Lavaash	150 g	225.00
Assorted Sourdough Crackers	100 g	150.00
Pain Au Chocolate	1 Pc	200.00
Oats & Raisin Cookies	4 pcs	400.00
Almond Oat Choco Chip Cookies	4 pcs	400.00



Brownie Crinkle Cookies	4 pcs	400.00
Lemon Blueberry Muffin	1 Pc	220.00
Double Choc Muffin	1 Pc	240.00
Burger Buns *New	4 pcs	250.00
Ciabatta Rolls *New	4 pcs	330.00

### **Tofu**

**Organic, Hand Crafted, Preservative Free**

	<b><u>Unit Weight</u></b>	<b><u>Price/Unit</u></b>
Classic Tofu	200 g	150.00
Carrot & Ginger Tofu	200 g	150.00
Smoked Tofu	200 g	200.00
Himalayan Black Bean Tofu	200 g	200.00
Tandoori Tofu	200 g	200.00

### **Select Dry, Dairy & Oils**

**Artisan Produced**

	<b><u>Unit Weight</u></b>	<b><u>Price/Unit</u></b>
Almond Milk	500 ml	450.00
Cashew Milk	500 ml	600.00
Cauli-Flour (For Gluten Free Bakes)	300 g	400.00
Coconut Milk	1 L	450.00
Coconut Yoghurt (Vegan)	200 g	550.00
Almond Yoghurt (Vegan)	200 g	550.00
Cold Pressed Coconut Oil	250 ml	250.00
Cold Pressed Mustard Oil	250 ml	150.00
Desi Cow Ghee – A2 (Clarified Butter)	500 ml	988.00
Desi Cow Milk – A2	1 L	140.00
Masala Chai Mix	100 g	400.00
Paneer (Indian Cottage Cheese)	500 g	400.00
Ricotta Cheese *New	350 g	495.00
White A2 Butter *New	500 g	500.00
Himalayan Red Rice	Kg	300.00

### **Probiotics & Fermented Foods**

**Preservative-free with Organic Ingredients**

	<b><u>Unit Weight</u></b>	<b><u>Price/Unit</u></b>
--	---------------------------	--------------------------

Original Kimchi	250 g	450.00
Apple Cinnamon Kombucha	500 ml	550.00
Mint Kombucha	500 ml	550.00
Hibiscus Rose Kombucha	500 ml	550.00
Blueberry Lavender Kombucha	500 ml	550.00
Ginger & Lime Kombucha	500 ml	550.00
Strawberry Lemon Kombucha <b>*New</b>	500 ml	550.00
Coconut Water Kefir	500 ml	550.00
Apple Ginger Lemongrass Coco Water Kefir	500 ml	550.00
Coconut Milk Kefir	500 ml	650.00
Pickled Baby Onions	250 g	250.00
Pickled Baby Corn	250 g	300.00
Pickled Pineapple	250 g	300.00
Pickled Beetroot	250 g	250.00
Pickled Cucumbers	250 g	250.00
Pickled Ginger	200 g	300.00
Sauerkraut	250 g	400.00

### **Gourmet Dips & Spreads**

**Preservative-free with Organic Ingredients**

	<b><u>Unit Weight</u></b>	<b><u>Price/Unit</u></b>
Hummus Variety Box (3x200 g Hummus + Ragi Chips)	Box	950.00
Thai Coconut Curry Hummus <b>*New</b>	300 g	400.00
Apple & Cinnamon Spread (Sugarfree)	300 g	400.00
Thai Sweet Chili Sauce	250 g	400.00
Almond Satay Sauce	250 g	600.00
Spiced Pineapple Sauce	300 g	400.00
Thai Peanut Sauce	200 g	350.00
Middle Eastern Garlic Tourn Sauce	300 g	400.00
Vegan Garlic Tourn Sauce (Almond Milk)	300 g	450.00
Baba Ganoush	300 g	350.00
Yellow Pumpkin Baba Ganoush	300 g	400.00

Vegan Cheesy Baba Ganoush	300 g	400.00
Roasted Chickpea Salsa	300 g	400.00
Roasted Pumpkin Salsa	300 g	400.00
Beetroot & Cherry Tomato Salsa	300 g	400.00
Roasted Carrot & Herb Hummus	300g	400.00
Balsamic Caramelized Onion Hummus <b>*New</b>	300 g	400.00
Roasted Pineapple Hummus	300 g	400.00
Vegan Cashew Curry Hummus	300 g	400.00
Artisan Ketchup Hummus	300 g	400.00
Lentil & Balsamic Root Veg Hummus	300 g	400.00
Lentil & Bals. Yellow Pump. Hummus	300 g	400.00
Thai Green Curry Hummus	300 g	450.00
Roasted Bell Pepper & Beets Hummus	300 g	400.00
Basil Pesto Hummus	300 g	400.00
Beetroot Hummus	300 g	350.00
Beetroot & Goat Feta Hummus	300 g	450.00
Bell Pepper Hummus	300 g	350.00
Black Olive Hummus	300 g	400.00
Roasted Mushroom Hummus <b>*New</b>	300 g	350.00
Tomato Rosemary Hummus <b>*New</b>	300 g	400.00
Apple & Pomegranate Salsa	300 g	400.00
Apple & Pineapple Salsa	300 g	400.00
Garlic Hummus	300 g	300.00
Thai Peanut Hummus	300 g	350.00
Mango Pickle Hummus	300 g	400.00
Guacamole	300 g	600.00
Harissa & Yellow Pumpkin Hummus	300 g	400.00
Herbed Hummus	300 g	350.00
Honey Mustard Hummus	300 g	350.00
Japanese Inspired Hummus	300 g	350.00
Tomato, Onion & Peanut Chutney	300g	400.00
Beetroot & Apple Chutney	300 g	400.00
Mint & Coriander Chutney	300 g	400.00
Apple & Sweet Onion Chutney <b>*New</b>	200 g	300.00
Pineapple & Kiwi Salsa	300 g	400.00
Miso Honey Hummus	300 g	400.00
Pumpkin Hummus	300 g	350.00
Roasted Carrot Hummus	300 g	350.00

Roasted Bell Pepper & Walnut Dip	300 g	450.00
Labneh <b>*New</b>	350 g	375.00
Sweet Corn Salsa	300 g	350.00
Sweet Corn Hummus	300 g	350.00
Tandoori Peri Peri Hummus <b>*New</b>	300 g	350.00
Sundried Tomato Hummus	300 g	400.00
Black Carrot Hummus <b>*New</b>	300 g	400.00
Tomato Salsa	300 g	300.00
Herbed Greek Yogurt Dip <b>*New</b>	300 g	450.00
Tahini Hung Curd Dip	300 g	500.00
Turkish Hung Curd Dip	300 g	450.00
Vegan Queso Cheese Dip	200 g	500.00
Chipotle Mayo <b>*New</b>	300 g	450.00

### **Artisan Sauces & Condiments**

**Preservative-free with Organic Ingredients**

	<b><u>Unit Weight</u></b>	<b><u>Price/Unit</u></b>
Beetroot Relish	200 g	300.00
Sundried Tomato & Pumpkin Sauce	300 g	500.00
Baby Corn, Pepper & Mushroom Sauce	300 g	450.00
Pumpkin Alfredo Sauce <b>*New</b>	300 g	400.00
Apple Dijon Vinaigrette	250 g	400.00
Pomegranate Vinaigrette Dressing	250 g	400.00
Orange Dijon Vinaigrette <b>*New</b>	250 g	400.00
Onion Relish Jam	200 g	300.00
Mixed Fruit Jam	200 g	300.00
Pineapple & Kiwi Jam	200 g	300.00
Orange Ginger Marmalade <b>*New</b>	200 g	300.00
Thai Peanut Dressing	200 g	350.00
Lemon Oil Dressing	200 g	450.00
Pineapple Zest Dressing	250 g	550.00
Cilantro Zest Dressing	250 g	400.00
Cilantro & Parsley Pesto Verde	300 g	400.00
Miso, Sesame, Citrus Dressing	250 g	400.00
Honey Mustard Dressing	250 g	400.00
Dijon Mustard	200 g	300.00

Green Thai Curry Paste	200 g	450.00
Red Thai Curry Paste	200 g	450.00
Harissa Paste	200 g	450.00
Japanese Carrot Ginger Dressing	250 g	400.00
Japanese Gom-ae Sauce	200 g	350.00
Ketchup (Artisan)	300 g	400.00
Pineapple & Bell Pepper Ketchup	300 g	400.00
Green Olive Tapenade Pesto	200 g	450.00
Basil Pesto	300 g	450.00
Mushroom Pate <b>*New</b>	200 g	350.00
Basil & Green Olive Pesto	300 g	500.00
Red Bell Pepper & Almond Pesto	200 g	450.00
Black Olive Pesto	200 g	450.00
Sundried Tomato & Black Olive Pesto	200 g	500.00
Sundried Tomato Pesto	200 g	450.00
Tahini Cider Dressing	300 g	450.00
Beetroot & Bell Pepper Sauce	300 g	400.00
South Indian Coconut Chutney	200 g	200.00
Creamy Mushroom & Pepper Pasta Sauce	300 g	400.00
Tomato, Garlic & Rosemary Sauce	300 g	400.00
Vegan Béchamel Cheese Sauce	300 g	500.00

### **Tonics & Sweeteners**

#### **Natural & Unfiltered**

	<b><u>Unit Weight</u></b>	<b><u>Price/Unit</u></b>
Apple Cider Vinegar Vitality Shot Mix	500 ml	350.00
Apple Cider Vinegar (from Himachal)	250 ml	275.00
Raw Honey (Multiflora)	240 g	300.00
Raw Honey – Litchi <b>*New</b>	240 g	325.00
Raw Honey - Tulsi/Holy Basil <b>*New</b>	240 g	325.00

### **Unsweetened Nut Butters**

#### **Natural, Preservative-free & Artisanal**

	<b><u>Unit Weight</u></b>	<b><u>Price/Unit</u></b>
Cacao Coconut Almond Butter <b>*New</b>	200 g	625.00

Coconut Almond Butter	200 g	575.00
Almond Butter	200 g	550.00
Coconut Butter	200 g	400.00
Coconut Cashew Butter	200 g	500.00
Cashew Nut Butter	200 g	450.00
Honey Roasted Cashew Butter	200 g	550.00
Cinnamon Jaggery Peanut Butter	200 g	400.00
Cardamom Honey Peanut Butter	200 g	400.00
Dark Chocolate Almond Butter	200 g	600.00
Dark Chocolate Peanut Butter	200 g	450.00
Mixed Nut Butter	200 g	500.00
Coconut & Banana Spread <b>*New</b>	200 g	400.00
Peanut Butter & Banana Spread <b>*New</b>	200 g	375.00
Peanut Butter	200 g	300.00
Cinnamon Jaggery Pumpkin Seed Butter <b>*New</b>	200 g	500.00

### **Artisan Kitchen**

**Preservative-free with Organic Ingredients**

	<b><u>Unit Weight</u></b>	<b><u>Price/Unit</u></b>
TT Caesar Salad Bowl w Ranch Dressing	1 Box(2 serv.)	500.00
TT Green Salad Citrus w/ Miso Dress.	1 Box(2 serv.)	500.00
TT Rocket Feta Avo Salad w/ Hung Curd Dress	1 Box(2 serv.)	600.00
TT Melon Feta Greens Salad w/ Honey Lime Dress <b>*New</b>	1 Box(2 serv.)	600.00
TT Greek Feta Salad with Dressing <b>*New</b>	1 Box(2 serv.)	600.00
TT Crisp Greens & Olive Salad w/ Lem Oil	1 Box(2 serv.)	550.00
TT Immunity Salad Bowl w/ Dressing	1 Box(2 serv.)	550.00
TT Quinoa & Chickpeas Salad w/ Lem Oil	1 Box(2 serv.)	550.00
TT Raw Papaya Peanut Honey Miso Salad	1 Box(2 serv.)	550.00
TT Roasted Pumpkin, Sunflower Quinoa Salad Bowl	1 Box(2 serv.)	500.00
TT Roasted Veggies & Quinoa Salad Bowl <b>*New</b>	1 Box(2 serv.)	500.00
TT Mixed Fruit Salad Bowl w/ Honey Lime	1 Box(2 serv.)	500.00
TT Pineapple Pom Salad w/ Honey Mustard <b>*New</b>	1 Box(2 serv.)	550.00
TT Asian Tofu Quinoa Bowl <b>*New</b>	1 Box(2 serv.)	600.00
TT Quinoa Earth Bowl Tahini Dress. <b>*New</b>	1 Box(2 serv.)	500.00
TT Veg Biryani Bowl w/ Chutney	1 Box(2 serv.)	450.00
Vegan Cashew Korma Curry	500 g	650.00
Yellow Pumpkin Puree	500 g	400.00
Bone Broth (Chicken)	1 L	1400.0
Bone Broth (Mutton)	1 L	1400.0
Roasted Carrot Coconut Soup <b>*New</b>	500 g	500.00
Roasted Butternut Squash Soup <b>*New</b>	500 g	650.00
Veg Minestrone Soup	500 g	550.00
Red Bell Pepper and Sweet Potato Soup	500 g	550.00

Coco, Peas, Mint, Sweet Potato Soup	500 g	600.00
Creamy Corn, Pumpkin & Lentil Soup	500 g	550.00
Thai Curry & Beetroot Soup	500 g	550.00
Roasted Bell Pepper & Cauli Soup	500 g	650.00
Roasted Cauli, Kale & Peanut Soup	500 g	650.00
Broccoli Leek and Sweet Potato Soup	500 g	650.00
Roasted Bell Pepper, Tomato & Lentil Soup	500 g	600.00
Creamy Mushroom & Sweet Corn Soup	500 g	650.00
Coconut Curry & Roasted Cauli Soup	500 g	550.00
Spicy Peanut & Kale Soup	500 g	600.00
Leek, Sweet Potato & Pumpkin Soup	500 g	650.00
Roasted Carrot & Cilantro Soup	500 g	550.00
Broccoli Miso Immunity Soup	500 g	600.00
Creamy Sweet Corn Soup Chowder	500 g	600.00
Creamy Mushroom Umami Soup	500 g	650.00
Creamy Fennel & Roasted Cauli Soup	500 g	600.00
Spiced Carrot & Lentil Soup	500 g	600.00
Green Peas & Mint Soup	500 g	600.00
Vegan Pumpkin Rosso Pasta Sauce	300 g	500.00
Honey Lime Cashews (Air-fried)	200 g	600.00
Carrot, Green Peas & Pumpkin Soup	500 g	550.00
Red Lentil & Peanut Soup	500 g	550.00
Yellow Lentil Soup (Mulligatawny)	500 g	500.00
Tomato, Basil, Garlic & Herb Soup	500 g	500.00
Spicy Peanut & Spinach Soup	500 g	600.00
Spicy Peanut & Yellow Pumpkin	500 g	600.00
Roasted Beets, Cauli & Peanut Soup	500 g	600.00
Vegan Beetroot & Pumpkin Soup	500 g	500.00
Vegan Spiced Yellow Pumpkin Soup	500 g	400.00
Thai Yellow Pumpkin & Carrot Soup	500 g	500.00
Coconut Ginger Tomato Soup	500 g	600.00
Thai Curry & Broccoli Soup	500 g	650.00
Spanish Gazpacho Soup	500 g	500.00
Ragi Chips	200 g	200.00
Indian Carrot Halwa	300 g	350.00
Overnight Cashew Honey Oats (GF)	300 g	350.00
Mixed Seed and Quinoa Crackers (GF) <b>*New</b>	120 g	625.00
Baked Keto Crackers – Grain Free (GF) <b>*New</b>	120 g	700.00

### **Fresh Edible Flowers**

**100% Organic & Local**

	<b><u>Unit</u></b>	<b><u>Price/Unit</u></b>
Edible Flower Seasonal Mix	Box/Cut	350.00

### Live Micro-Green Boxes & Cuts

100% Organic & Local

	<u>Unit</u>	<u>Price/Unit</u>
Beetroot	Live Box/Cut	275.00
Carrots	Live Box/Cut	275.00
Coriander	Live Box/Cut	275.00
Microgreen Mix	Cut Box	300.00
Mustard	Live Box/Cut	275.00
Pea-shoot	Live Box/Cut	275.00
Purple Radish	Live Box/Cut	275.00
Red Cabbage	Live Box/Cut	275.00
Red Amaranth	Live Box/Cut	275.00
Radish	Live Box/Cut	275.00
Sunflower	Live Box/Cut	275.00
Wheatgrass	Live Box/Cut	200.00

### Aged Artisan Cheese \*New

Organic & Handcrafted in the Hills & in Chennai  
(Kase)

Gruyere	200 g	410.00
Aged Gouda	200 g	410.00
Aged Farmhouse Cheddar	200 g	410.00
Montasio	200 g	410.00
Zarai (Mountain Spice Rub)	200 g	410.00
Tomme	200 g	410.00
Aged Parmesan	200 g	450.00

### Free Range Goat Cheese \*New

Free Range Goat Milk, hand crafted in Bikaner  
Rajasthan

Goat Milk Feta	200 g	500.00
Feta with Sun-Dried Tomatoes *New	200 g	500.00
Feta with Mixed Olives *New	200 g	500.00
Goat Milk Chevre – Classic	200 g	500.00
Goat Milk Chevre – with Dill	200 g	500.00
Goat Milk Chevre – with Chives	200 g	500.00
Goat Milk Yoghurt	500 ml	500.00



Goat Milk Ghee	200 ml	740.00
Goat Milk Paneer <b>*New</b>	200 g	390.00
Goat Milk Butter <b>*New</b>	200 g	590.00

### **Fresh Herbs**

**100% Organic & Local**

	<b><u>Unit Weight</u></b>	<b><u>Price/Unit</u></b>
Coriander/Cilantro	100 g	100.00
Curry Leaves	100 g	100.00
Mint	100 g	100.00
Parsley	100 g	125.00
Basil <b>*New</b>	100 g	100.00
Rosemary <b>*New</b>	25 g	150.00
Dill (Soya) <b>*New</b>	100 g	100.00

### **Free Range Eggs**

**100% Free Range, Antibiotic & Hormone Free**

	<b><u>Unit Weight</u></b>	<b><u>Price/Unit</u></b>
Brown Eggs	10 pcs	185.00
White Eggs	10 Pcs	150.00

### **Fresh Hand-Made Pasta **\*New****

**These pastas are made fresh and then frozen to retain that goodness and flavour of fresh, artisan & hand-made pasta. Shelf Life up to 45 days frozen. In Collaboration with Popo's.**

	<b><u>Unit Weight</u></b>	<b><u>Price/Unit</u></b>
Spinach & Ricotta Ravioli <b>*New</b>	20 pcs	525.00
Mushroom Cappelletti <b>*New</b>	20 pcs	525.00
Basil Pesto & Ricotta Ravioli <b>*New</b>	20 Pcs	525.00
Cheese & Herb Cappelletti <b>*New</b>	20 pcs	525.00
Olive & Paprika Ravioli <b>*New</b>	20 Pcs	525.00
Spinach & Ricotta Ravioli (Gluten Free) <b>*New</b>	20 pcs	840.00
Mushroom Cappelletti (Gluten Free) <b>*New</b>	20 pcs	840.00
Gnocchi Di Patate	250 g	420.00
TT Pasta Box (1 x Ravioli, Tomato Rosemary Sauce, Parmesan Cheese, Country Sourdough) <b>*New</b>	DIY Box	1250.00

### **Fresh Made Greek Style Yogurts**

**Unit Weight**

**Price/Unit**

Plain Greek Yogurt	300 g	350.00
Pomegranate Greek Yogurt	300 g	395.00
Pineapple Greek Yogurt	300 g	395.00
Apple Cinnamon Greek Yogurt	300 g	395.00
Banana Greek Yogurt	300 g	395.00
Chikoo Greek Yogurt	300 g	395.00
Kiwi & Pineapple Greek Yogurt	300 g	395.00
Raw Multiflora Honey Greek Yogurt	300 g	425.00

### **Granola**

### **Unit Weight**

### **Price/Unit**

Honey Almond Walnut Granola	170 g	395.00
Peanut Butter Granola	170 g	425.00
Cashew Butter Honey Granola	170 g	445.00
Coconut, Seed & Nut Keto Granola *New	170 g	450.00

### **Greek Yogurts with Granola**

### **Unit Weight**

### **Price/Unit**

Greek Style Yogurt with Granola	300 g	375.00
Pomegranate Greek Yogurt w/ Granola	300 g	425.00
Pineapple Greek Yogurt w/ Granola	300 g	425.00
Apple Cinnamon Greek Yogurt w/ Granola	300 g	425.00
Banana Greek Yogurt w/ Granola	300 g	425.00
Raw Multiflora Honey Greek Yogurt w/ Granola	300 g	470.00
Keto Parfait Jar (Keto Granola + Plain Greek Yogurt)	300 g	475.00